

## **Breakout Service**

The service will follow the basic shape of the methodist communion service which has four sections - preparation, the word, the lords supper, dismissal. These have been renamed but the pattern is essentially the same. The sections are - chill, wisdom, fuel, movement.

Before service teach any songs

### **Chill**

Intro/welcome and explain service pattern

Come close to God and God will come close to you.

### **Breathing prayer**

One of the oldest ways of praying we know is to use your breath as a focus for prayer.

Relax your body.

It may help to clench your muscles tight and then to relax them.

Take a deep breath in and hold it for a few seconds. Then breathe out.

In.

Out

As you breathe in ask God to fill you with God's love and presence.

As you breathe out imagine breathing out

everything that you want to let go of.

Breathe in love

Breathe out hate

Breathe in life

Breathe out death

Breathe in peace

Breathe out anxiety

Breathe in gentleness

Breathe out tension

Breathe in God's presence

Breathe out all that distracts you from God

### **Space and Time**

(track to listen to as a prayer - words projected)

God the Creator is a gracious, abundant and generous host

You are invited to be guests at God's table

Make yourself at home

Relax

God is here

You are welcome

### **Song**

God above

God below

God within

God we long for

### **Prayer**

Gracious God

You have shared with us the gift of Creation

*Open our hearts to receive you here*

Jesus Friend of Sinners

You have shared with us the gift of your Incarnation

*Open our hearts to receive you here*

Spirit of God

You have shared with us the gift of life

*Open our hearts to receive you here*

### **Confession**

For the times when we have rejected your generous hospitality

*Forgive us Lord*

For the times when we were too busy or too lazy to come to your party

*Forgive us Lord*

For the times when we constructed lame excuses

*Forgive us Lord*

For our failure to extend the gift of hospitality to others

*Forgive us Lord*

For the times when we have restricted hospitality to those who are powerful, influential or wealthy

*Forgive us Lord*

For the times when we have excluded the sad, poor and marginalised

*Forgive us Lord*

Lord God we remember those who have been excluded by us as individuals and by the church we represent.  
In rejecting them we have rejected you.  
For the times we have misrepresented you Lord with our individual and collective inhospitality  
Please *forgive us Lord*

### **Wisdom**

**Reflection** on Christ with images of Christ from round the world and music followed by  
In groups discuss:

Which image of Jesus did you like? Why?

Which did you dislike and why?

How would you picture Jesus?

What story or thing about Jesus do you particularly want to remember?

Get feedback or volunteers to weave their thought into the eucharistic prayer later.

*We believe in the God of Life  
The world maker, the starlighter,  
The sun shiner, the beauty maker;  
Provoking evolution from nothing but words of love  
We believe in life.*

*We believe in the risen Jesus,  
The cross bearer, the tombraider,  
The hell-harrower, the death defier;  
Embracing resurrection as the first-born from death  
We believe in life.*

*We believe in the Easter Spirit,  
The life-giver, the breath bringer,  
The body lover, the church birther,  
Enabling communion with Jesus the Living One  
We believe in life.*

*We believe in the God of Life,  
World-maker, cross bearer, life-giver  
Trinity of hope leading creation to its liberation,  
We believe in God.*

### **Fuel**

#### **Song - Table of Christ**

*All are invited, all are included  
All are made welcome, none are excluded  
This is the table of Christ  
Come if you're young, come if you're old  
Come if you're broken, come if you're whole  
Come if you're weary of the trials of life  
This is the table of Christ*

*This is the table of christ x2*

*Jesus the host washes your feet  
Makes you his guest and lays on a feast  
This is the table of Christ  
Come if you're rich, come if you're poor  
Come if the church stops you at the door  
Come and eat bread, come and drink wine  
This is the table of Christ*

*Eat and remember Jesus the one  
Who gave up his life so you could belong  
This is the table of Christ  
Come if you're thirsty come and be filled  
Come and be clean, come and be healed  
Come and be held in the presence of God  
This is the table of Christ*

#### **Prayer of thanks**

Creator God thank you that you are a gracious, abundant and generous host. But thank you that you became the guest of humanity. The heavenly host, the creator, became the guest of the animals in the stable, the villagers of Nazareth, the religious leaders in the temple, the prostitutes, drunkards, tax collectors. You let us play host, became one of us, dined at our table. You ate the same bread, drank the same wine - everybody having a good time. You shared stories, shared our story. When you left the table, you left bread and wine to remember you by.....

Today we remember in particular... (improvisation)

Holy holy holy Lord	<i>Holy holy holy Lord</i>
God of power and might	<i>God of power and might</i>
Heaven and earth are full of your glory	<i>Heaven and earth are full of your glory</i>
Hosanna in the highest	<i>Hosanna in the highest</i>

Your death on the cross has enabled us to be guests at God's table. Grant that by the power of the Holy Spirit these gifts of bread and wine may be for us his body and blood who on the night he was betrayed took bread, gave you thanks, broke it and gave it to his disciples saying 'take eat, this is my body which is given for you'. After supper he took the cup, gave you thanks, and said to them: 'this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this in remembrance of me'

*Christ has died Christ has risen  
Christ will come again*

*Christ has died Christ has risen  
Christ will come again*

### **Invitation**

The table of Jesus is your place of gathering  
Here you are welcomed, wanted, loved  
Here there is a place set for you

So come all you who thirst,  
All you who hunger for the bread of life  
All you whose souls cry out for healing

Come all you who are weary  
All you who are bowed down with worry  
All you who ache with the tiredness of living

Come all you poor  
All you who are without food or refuge  
All you who go hungry in a fat land

Come all you who are lost  
All you who search for meaning but cannot find it  
All you who have no place of belonging

Jesus invites you  
Draw near with faith  
Receive the body of our Lord Jesus Christ which he gave for you and his blood which he shed for you  
Eat and drink in remembrance that Christ died for you and feed on him in your hearts by faith with thanksgiving

Share bread and wine in groups - play tracks...

### **Movement**

#### **Song**

*Here is love, vast as the ocean,  
Loving kindness as the flood,  
When the Prince of Life, our Ransom,  
Shed for us His precious blood.  
Who His love will not remember?  
Who can cease to sing His praise?  
He can never be forgotten,  
Throughout heav'n's eternal days.*

*On the mount of crucifixion,  
Fountains opened deep and wide;  
Through the floodgates of God's mercy  
Flowed a vast and gracious tide.  
Grace and love, like mighty rivers,  
Poured incessant from above,  
And heav'n's peace and perfect justice  
Kissed a guilty world in love.*

### **Prayers**

#### **Blessing**

The blessing of God, Host of creation,  
The blessing of Christ, Guest of humanity  
The blessing of the Holy Spirit, Source of communion  
Be with you all.  
As you have received the gift of hospitality, go now  
Share your life, your table and your home with others in God's name, Amen.